



Divine Region 9

November 2011

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A Message from the Director

As the work piled up over the last few weeks and I was starting to feel overwhelmed and stressed, I looked at the calendar and realized it was already November! Many of my Facebook friends have been participating in a really cool thing where they say one thing they are thankful for on each day of November. Although I'm not taking part in this activity, it still inspired me to sit at my desk for a few moments every day and reflect on a few of the things I am thankful for. One being my job and being busy! That is not a reality for many people in our industry right now, and I'm grateful to work for a wonderful company, have a wonderful boss, and co-workers that feel like family.

I encourage each of you to spend some time this month reflecting on some of the small wonders in your life that you are thankful for. I know that I can take much for granted, especially when I am busy and stressed. With the holiday season coming up, it's very easy to become caught up in the bustle.

I am especially thankful for my NAWIC family - ALL of you ladies make every moment worth it. What a wonderful APC we had. I raise my coffee mug to each of the ladies who helped organize this wonderful event - please know that your efforts, organization and wonderful attitudes were and are very much appreciated! Here's to the Boise Chapter, Molly Johnson, Erica Sharp, Toni Brown, Tamara Schissel, Brenda Smith, Jessica Bowman, Cecyle Brock, Katrina Clifford, Tina Lantz, Carol Belangee, Connie Ellis and Alisa House.

I wish you all a safe and happy Thanksgiving filled with family, food and reflection. If you are traveling, be safe!

With thankfulness,

Dalene Schafer
Region 9 Director



Dalene L. Schafer
2011-2013 Region Director

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Chapter Re-Caps

Alaska #197



Alaska chapter president Darla Hall "Clowned-it up" for the AGC Family Fun Night that their chapter is sponsoring. The event featured a coloring context and the Construction Fun Fair!



Chapter Presidents

Alaska

Darla Hall

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Puget Sound

Sue Z Hart

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Tacoma

Deborah Hickman

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Spokane

Traci Kadoya

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Tri-Cities

Erin Repp

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Portland

Amanda Wilson

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Salem

Nancy Lingle

ncarter@capitolcitydoorinc.com

Eugene

Janet Spriggs, P.E.

jspriggs@bhengineers.com

Boise

Toni Brown

tbrown@diamondbgroup.net

Puget Sound #60

Puget Sound Chapter had a great October! Our Membership Meeting, held at the Master Builders Association offices in Bellevue was a huge success. Wonderful food and Micro-brews donated by Skanska Construction and Petra Walker. Gary Turner, President of the Master Builders Career Connections, and his lovely wife were chefs and help make this evening run smoothly. Our special event included "Speed Networking" which was a very successful and I would highly recommend it for any Chapter looking to get to know your membership better as well as a fun activity to do on a membership drive. We had 3 people wanting to sign up after the event!



Personally, I was very excited to have four members at APC this year in Boise! Boise Chapter did a great job in providing a great facility and topics that will help us in our personal and professional lives. Thank you Boise for a great conference!



Novembers Membership Meeting will be another site tour of the Bertschi School, Living Building Science Wing. We are excited about the opportunity to see this one of a kind, completed project! If you are in the area on November 14th we would love to have you but you must RSVP as space is limited.

Wishing you all a warm November and a Thanksgiving filled with family, friends and fun!

~Sue Z. Hart



Chapter Meeting Dates

Alaska - Second Monday

Puget Sound – Second Monday

Tacoma – First Monday

Spokane – Third Thursday

Tri-Cities – Third Tuesday

Portland – Third Thursday

Salem – Third Wednesday

Eugene – Second Wednesday

Boise – First Wednesday

Tacoma #187

Tacoma Chapter kicked off our new NAWIC year with an informal installation of our new Board. This year’s officers are:

President – Debbie Hickman
 Secretary/Treasurer – Nancy Webber
 Director – Tonya Johnson

Vice President – Sarah Webb
 Director – Chris Hall

We are looking forward to an exciting new year.

~Deborah Hickman

Spokane #143

The holiday season is fast approaching, and we are busy preparing for some great activities in our Chapter. We start on Nov 17th with a job site tour of the Mobius Science Center, which is located right in the heart of downtown. The Mobius Science Center is a hands-on science center for Children. It will be much bigger than the existing center which is location across the street from the new location. The new science exhibits will be bigger and better for the kids. Following the tour we will meet at the Post Street Ale House for dinner and our business meeting. Job Site tours landed as number one on our survey at 100%. We are trying to provide a job site tour quarterly to meet this goal. The professional education is also working hard lining up some wonderful speakers and fun activities for us this year.

Our Block Kids event will be held Dec 16th at Cooper Elementary School. We will be working with the school for an all-day activity of Lego Building. This should be a fun filled day and good exposure for NAWIC within the community. If you are interested in volunteering, please let me know.

Our Christmas Party will be Dec 7th, at The Make-up Studio. This will give us an opportunity to learn new techniques for looking our best. Looking our best builds self-confidants and can help us achieve our goals professional. We will also be participating in Project Beauty Share, by donation make-up and other beauty products. This project is to provide safe and hygienic make-up to woman-in-need to help them feel better and stronger about who they are and what they can do. In closing I would like to wish you all a Happy Thanksgiving.

~Traci Kadoya

Tri-Cities #192

We've started this year running full steam ahead once again. 2011 marks the 6th year of the Tri-Cities Construction Career Day (CCD). And the 2nd year our local NAWIC chapter has "taken the bull by the horns" and led this charge. There were approximately 500 participating students with over 50 companies sponsoring through time, money, equipment, and demonstrations. We're thankful to all those who helped make CCD successful and looking forward to next year's event.

For our October membership meeting we deviated from our traditional format and had a "meet our members" meeting. We each took a few minutes to introduce ourselves, our company, and responsibilities. So often it seems we get focused on taking care of the business at hand and it was definitely worth the slow down to learn more about each other. The discussion naturally turned to how we can help each other with challenges currently faced in our industry. It was truly a great meeting and a format we'll certainly repeat.

~Erin Repp



Chapter Charters

Alaska - 1973

Puget Sound - 1962

Tacoma - 1972

Spokane - 1967

Tri-Cities - 1972

Portland - 1961

Salem - 1973

Eugene - 1963

Boise - 1978

Portland #54

After only a single month in office, I am finding it difficult to express my gratitude for the amazing women that take action on their passion, each day, to achieve our mission. Our members are driven to excel. We accomplished much in October, including approving our strategic plan, annual budget, and committee list. Chapter membership renewal rate is high and we are ecstatic to already be reporting four new members! Our 3rd Annual Brewfest and Silent Auction was a blast, well attended, and fundraising goals were met. Although many members contributed to



the event, the following deserve special thanks for their dedicated efforts: Dalene Schafer, Lauren Holmes, Samantha Jordan, Kristen Dissen, Cara Hatrick, and Erin Holmes. The Brewfest is truly a fresh and effective method to attract potential members,

to celebrate current members, and to communicate our achievements among a diverse audience.

Congratulations to our Region Director and the Boise Chapter for hosting a fun, rewarding, and educational Annual Planning Conference (APC) this month; a full report will be provided in next month's issue.

We are proud to announce three new Chapter functions scheduled for this year! Here's a snapshot –more details to come in the following months. First, Elizabeth Gibson initiated and will take the lead on bringing an All Women in Building Conference to Portland. Tentatively, to occur during WIC Week, the event will be open to all women in the industry including architects, engineers, contractors, and tradeswomen. Our Chapter and several other key sponsors are eager to host an opportunity for networking and educational seminars. Jenny Hagan Browne created CENT events which stand for "Community Exploration Networking Team." These are social hours with spunk to create an opportunity for members to bond in a casual atmosphere. Each month the day, time, and activity vary; see the newsletter for details. Last but not most certainly not least, Samantha Jordan has developed a "perfect storm" for greatness! She established a new partnership between Emerick Construction, her company and long time supporter, NAWIC Chapter 54, and the Oregon Council of Girl Scouts to create a new "Constructing a Scout" patch. The program is just getting underway in Portland and the plan is to extend the patch across the region and beyond. Well done, Ladies – you are an inspiration!

Being thankful comes easy when you surround yourself with exceptional, caring individuals. May your Thanksgiving be safe and complete of all that you enjoy.

~Amanda Wilson

Salem #198

I can't believe it's already November. The holiday season is upon us. During this special time of year I reflect back on my years with NAWIC. I've met so many wonderful ladies who have inspired me and who have taught me so much. NAWIC is a great organization and I'd like to encourage everyone to participate in the various

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committees and to serve as a board of director or officer. By participating and serving you are helping others and yourself to reach our full potential.

Our November meeting will be held at the Salem Contractor's Exchange and our speaker will be one of our former scholarship recipients-Summer Gorder. She has started her own successful business EcoReal, LLC. We will also be installing our newest member Leslie Steele.

The new NAWIC year has barely begun and we're already accomplishing so much. The budget has been tentatively set and we will be reviewing it at the November meeting and voting on it as a chapter. The audit committee has met and thanks to Mary's hard work throughout the year, it only took us 1/2 hour to get it done. Thank you Mary!!

The Construction Career Day committee has met a few times and has set the date of the event for May 1 st. The next Construction Career Day meeting will be November 17th at 1 PM at Salem Heating. The Coast Retreat committee had a short meeting and has set the dates for March 9-10th. We're still gathering information on where to have the event so more information to follow.

SAVE THE DATE!! December 14th will be our annual Christmas Bunko party.

We moved the date up a week so we aren't so close to Christmas. There will be a cookie exchange so plan on bringing your favorite holiday goodie along with copies of the recipe to share. We invite former members and it's always so much fun visiting with everyone.

~Nancy Lingle

Eugene #77

Meeting highlights:

- Our chapter has decided to once again participate in the annual Shelter Care family holiday adoption. This event essentially gives struggling families who are currently utilizing the Shelter Care facilities, an opportunity to develop a holiday wish list for their families. These lists include personal and/or family food items, clothing and/or toys for the children. We've participated in this for several years now, and I know that each of us get a sense of joy and hope every time we give to this event.

October events:

- Some members of our Chapter participated in an event called "Options Unlimited", which was held on October 21, 2011 (more info at the end of the newsletter). This event is similar to our Construction Career Days and provides for hands-on construction field activities and career fair for girls.
- Myself and Robin Langkamp attended the annual APC event in Boise and had a great time learning about current efforts being put forth by our Regional leadership and further established some great friendships. Thanks to the Boise chapter for hosting!

Kudos/Great Ideas/Lessons Learned:

- Our chapter would like to thank Nancy Ograin and her diligence with updating and maintaining our Chapter's website. She has taken the lead on this issue and has truly helped to create/facilitate a more current and user-friendly website.
- We would also like to thank Board Members Ellie Cooper and Cary Kuvaas with their efforts associated with collecting donated items from local companies to Eugene, all for our APC raffle basket, which netted our Chapter \$92!!
- Something I forgot to report last month was the amazing efforts by our Chapter, in collaboration with our local CSI organization, on our annual joint golf tournament, which was held on September 23, 2011 at River Ridge Golf Course. Total proceeds were \$1,576, with each organization receiving \$788!
- I'd like to thank miss Susan Phillips, a new member to our Eugene Chapter, for offering to take on a new Marketing/PR role in our group. We look forward to seeing some really great membership advancements and furthered awareness of our NAWIC organization in our community.

~Janet Spriggs

Boise #245

First of all the Boise Chapter would like to thank each and every one of you who attended APC 2011.

APC was a fabulous success. Thank you, Molly Johnson, for doing a WONDERFUL job in putting everything together. I believe everyone had a good time. I want to thank the whole committee for doing an awesome job. The speakers were good. I was really impressed with the people who came and spoke about "JUMP". It was interesting on finally visualizing what the whole

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"JUMP" project is about. I am super excited to see that project come out of the ground.

Jeff Allen was very interesting. His personality assessment was pretty interesting and I know mine was pretty right on. I think everyone that attended had a good time.

Boise has some exciting things coming up. We received our Secret Sisters so now everyone is going to have fun sending gifts and surprising our Secret Sister.

November starts out with our Awards Banquet & Dinner Auction. It is our largest fund raiser. The funds go towards several things but mainly our Scholarship Program. If anyone would like to drop in, it is going to be November 5 starting at 6:30 for cocktails and then dinner is served at 7:15. In between while you are enjoying your cocktails you can silently bid on items. And then the bidding wars are on. BUT! From November 1-30 you can go on to our online auction and bid on some neat items. So if you can't make it please check out www.nawic.afrogs.org and look at the items we have for auction.

My Kudos go to:

- Molly Johnson- for doing such a great job on APC and our Awards Dinner & Auction
- Brenda Smith – I have asked her to do several things and she always tells me yes.

~Toni Brown

ANNOUNCEMENTS

NAWIC Seeks NAWIC National Officer and Director Candidates

The NAWIC office is requesting your assistance in seeking and encouraging qualified members to submit for candidacy for the offices of President-elect, Vice President, Secretary and Treasurer. If your Chapter has one or more prospective candidates, please [click here](#) for more information and instructions.

The NAWIC office is also seeking qualified members to submit for candidacy as Region Director for even-numbered NAWIC Regions. If your Chapter has one or more prospective candidates for Region Director, please [click here](#) for more information and instructions.

Free From NAWIC

What's free from NAWIC? Chapter Marketing Tools! Chapter Marketing Tools help you easily share NAWIC with employers, potential members and sponsors. If you are a Chapter President, be on the lookout for the Free From NAWIC Mailing to arrive in your mailbox in early November. The mailing will include an updated sample of each available item and an order form. Items included will be the "NAWIC Facts Sheet," "NAWIC and the Woman in Construction," "NAWIC and the Employer," "The Value Brochure" and more. Free From NAWIC items can be obtained anytime by ordering online or submitting a Marketing Tools Order Form to the NAWIC Office.

NAWIC Office Welcomes New Administrative Secretary/Store Manager

The national office recently welcomed a new employee to the NAWIC family. Lynn Meador will serve as NAWIC's Administrative Secretary and Store Manager.

After spending several years as a home educator and director/administrator of several support groups, she reentered the work force in 2003. Meador likes to spend time with her husband of 31 years and spoiling her two granddaughters, ages 17 months and 1 year. She looks forward to applying her administrative skills to the NAWIC office while serving the NAWIC members.

Operations Manual Updated

The NAWIC Operations Manual was updated in September 2011 and posted on the NAWIC website. Please read the updated sections and replace in printed manuals. Simply go to the Member Center > Operations Manual.



Welcome New Members!

Please welcome our newest members to Region 9 as of November 1st. We welcome you to our divine region! We are here to answer any questions you may have.

Katrina Curtis

Portland # 54
Cochran, Inc.
kcurtis@cochraninc.com

Jennifer Grillo

Tri-Cities # 192
DGR*Grant Construction, Inc.
jgrillo@dgrgrantinc.com

Linna Polley

Portland #54
Northwest College of Construction
linnap@nwcoc.com

Heidi Rogers

Alaska # 197
Student Member
heidi-rogers@hotmail.com

Karen Zemba, SPHR, MS

Alaska #197
Alaska Interstate Construction, LLC
karen.zemba@aiclcc.com

New NEF Program! Accessory Structure Project

The Accessory Structure Project (ASP) is NEF's newest program and next generation to the NEF Shed Project. This program is a cross-curriculum team project that promotes awareness of the construction industry. It was written by and has been pilot tested by teachers with positive results.

Following are some items of interest about the program:

- Designed for grades 8-12 and perfect for 9th and 10th grade students.
- Engages the student in a construction oriented project and provides additional opportunities to improve and reinforce math and English skills.
- Promotes leadership and teamwork while giving a taste of construction trades including engineering, design and architecture.
- Teaches budgeting and time management skills while also teaching and improving research skills.
- Meets California Standards and can be mapped to meet other state's requirements.



More information regarding the project:

- Teachers get an outline for the entire program including a sample pack of supplies (card stock paper, straight pins, utility knife, glue stick, ruler). The book can be passed on each year and the teacher can replenish the supplies.
- The project duration is 10-12 classroom hours.
- Teams typically consist of 3 students working together on the project where they create their company identity, design their logo for business cards and stationery, write proposals and letters to customers, and design then build a mock up of the project they contracted to complete.
- The project is targeted for general study and technical schools as well as home school or virtual classroom settings. This also has possibilities for youth programs in general including Scouting programs and badges.
- There will be tax if sold to residents in South Carolina.



I have one of the kits available. If your chapter is interested in jump-starting this program and would like to WIN the kit for FREE (retails for \$195) – please send me a brief proposal (no more than 1,000 words) as to why your chapter is the best choice to receive this opportunity. Email them to me by January 31, 2012

More information can be found at:

<http://nawiceducation.org/sites/dsp/store/index.cfm?CategoryID=443&siteid=77&menuid=304&storeid=5>

APC Recap

I think APC went pretty well, don't you? Our Friday started off with an extensive tour of the new College of Business building at Boise State University. This building will have the design standards of a LEED gold to platinum building when it's all said and done, incorporates geothermal heating and other green building elements projected to reduce energy use by 50%.

That evening we all ventured to Leku Ona for some drinks and food while we chatted. May of us headed out for dinner afterwards and then retired to our rooms for the evening.

Saturday morning we started right into things, beginning with a very thorough and very interesting presentation by Kathy O'Neill and Mark Bowen on the Jacks Urban Meeting Place (JUMP) project. This project is so very cool. It includes interesting and unique architecture, sculptures, community multi-purpose rooms, an urban park with an amphitheater and so much more. I will definitely be heading to Boise again to see about getting a mid-construction and post-construction tour! This project and this building are going to be a fabulous addition to the downtown Boise cityscape.

We finished this portion ahead of schedule, so Amanda Wilson gave a portion of the Mentorship Mixer activity to save time after lunch. Everyone stood up and made a large circle around the room. We were instructed to take some toilet paper that was being passed around - at least three pieces, she said. After we all gathered our toilet paper, came the instructions. For every square of paper you had, you must tell something about yourself! It had to be at least your name, where you worked and what chapter you were from. Some people had quite a lot of things to share! It was a great introduction to everyone and a good way to find out some really cool things about our fellow NAWIC sisters. So... are you a folder, or a wadder?!!

After we had a good laugh and settled back into our seats, we watched a slide show presentation by Vice President Yasmine Branden, CCA on the national NAWIC budget, discussed the implications and the current dues increase that has been proposed. If you have any questions about this, please don't hesitate to call me, Yasmine or our National Treasurer, Sandy Field. We would be happy to help you. I've also sent the link to the budget slide show to all the chapter presidents to share with you. We had a really wonderful and orderly discussion and I'm so grateful for everyone's support of NAWIC and excited for the future of NAWIC.

After lunch, Amanda Wilson, Portland chapter president, finished going over the Mentorship Mixer with us, which was another great way to get to know our NAWIC sisters. She then went over how to implement the Mentorship program in your own chapter and showed us all of the materials available to us and where it was located on the NAWIC website. If you have any questions about the mentorship program, or need any help at all, Amanda is a great resource. Also, our Regional Mentorship Chair, Carol Helms would also be a great person to talk to, as she was the co-collaborator on this program.

We finished the day out with a very interesting presentation by Jeff Allen, president of Coaching Clarity. He spoke about Building Relationships with Personality. We were all instructed to take an online personality test before APC and he spoke about the different types of personalities, how they function in various situations, and even gave us personal analysis of some of our results. I admit, I was surprised at my results, and wished that he could have stayed longer. If you would like to also take the personality test, you can do so at http://www.mysuccessfullife.com/profile/new_account.php and use access code: **success**

The end of our day was the director's expense report, invitations to Forum 2012 in Bend, Oregon and invitation to APC 2012 in Suquamish, Washington.

I hope all that attended had a wonderful time, learned a lot about yourself, NAWIC and made a friend or two! I especially am appreciative and thankful for the help of the Boise chapter and the entire APC committee. You gals did a fabulous job, kept everything stress free and always had a smile on your face! Cheers to you!

Respectfully,
Dalene Schafer
Region 9 Director



Options Unlimited – Willamette High School

October 21, 2011

Participation by the Eugene Chapter

Options Unlimited was held at Willamette High School (WHS) October, 21, 2011, providing hands-on workshops for middle school girls in non-traditional careers. Approximately 160 girls participated in the 2nd annual event. Girls registered online and chose up to 3 workshops in which to participate. Buses arrived at 9:00 AM and the rush was on. The welcoming included an overview of the day along with remarks from a local female electrician and our own Lisa Bean of EWEB. They provided encouragement to look at opportunities in different careers, encouraged them to try new things, and talked of the advantages of working in the trades.

There were 17 workshops (complete listing on www.optionsunlimitedforgirls.com) from which to choose. WHS students made fresh muffins that morning for the girls to enjoy for breakfast (they were still warm), and NW Natural provided grilled hamburgers for lunch. One of the highlights of the day was the opportunity to see four original "Rosie the Riveter" from the Eugene Chapter talk about their experiences in "helping the war effort" during WWII. They truly were the pioneers for women in the workforce. They were most interesting and entertaining!

The day rapped up with the girls gathering for a recap and raffle drawings. The buses were loaded and the girls on their way at 2:00 PM. Approximately 40 volunteers were on hand to ensure a successful event. It was great to be able to participate this year, and I definitely plan to be there again next year!



To Your Health!

Hot Topic- Spice -up Your Plate

Did you know that the spices you add to food to increase the flavor may provide health benefits? Studies have revealed that spices may help aid in digestion and lower your cholesterol. Curcumin, cumin, red pepper, ginger, onion, mint, and fennel all stimulate the liver to produce and release more bile. Bile helps the body digest and absorb fat more easily. Fenugreek seeds, garlic, and onion may also lower your cholesterol and in turn potentially reduce the risk of gallstones. Many of these spices may also stimulate digestive enzymes that are important in protein and carbohydrate digestion.

Diabetics may also receive health benefits from spices. Fenugreek seeds, garlic, onion, turmeric, and curcumin have been shown to possess anti-diabetic properties. Adding curcumin or cinnamon to your food may help lower fasting blood sugar levels.

Many spices even have antioxidant properties. They may also provide anti-cancer and anti-inflammatory effects. Cinnamon, curcumin, onion, turmeric, red pepper and black pepper, clove, ginger, and coriander all have antioxidant properties. This means that they may help prevent against cardiovascular disease, inflammation, cancer, and aging.

So remember, the next time you cook, spice up your meal with some flavor enhancing and health promoting spices.

*Please consult your doctor if you are taking any medications for high blood pressure as drug-nutrient interactions may occur.

**Different preparations for herbs and spices may have different effects. Therapeutic doses may vary between fresh, dried, powdered, oil, raw, and cooked herbs and spices. Comparing the effectiveness of various formulations and dosages is difficult.

Source: *Journal of American Dietetic Association and Journal of Nutritional Research*



Chapter Officer Reminders

Chapter Presidents

As NAWIC begins its new fiscal year, it is imperative that all of your chapter officers are renewed. Please check the online membership directory to make sure all of their renewals have been processed.

WIC Week is coming up in March, and if you haven't already, it's time to discuss with your chapter how to promote the week. WIC Week is a time to give back to your communities, and the positive press achieved during WIC Week as a result of your dedication and involvement helps NAWIC enhance its core purpose. When you decide what your chapter will be doing for WIC Week, be sure to submit the WIC Week Commitment Form. Our goal is for every region to have 100 percent participation, and that means we need every chapter to do something! You will find the form at the end of this newsletter.



Chapter Treasurers

Each month, the NAWIC bookkeeper emails chapter treasurers an Outstanding Check Report. The report is created in an effort to help chapter treasurers track outstanding checks for chapter dues written by the NAWIC Office and includes checks more than 30 days past their original issue date. For your convenience, this detailed report includes the check number, check date and the amount for which the check was written. This report is a useful tool for chapter treasurers because it keeps them informed of possible lost or misplaced checks that have not been deposited.

Chapter Membership Chairs

When a prospective member calls the NAWIC Office requesting local chapter information, we refer them to you by giving them your name and phone number. When you field a call from a prospect, be sure you have information to share with them about upcoming chapter events and available programs. Prospective members are looking for knowledge, education and networking opportunities. So, we want to make sure we are giving them what they need. Also, please make sure you return calls from prospects promptly. Following up with prospects and personally inviting them to your next meeting will help your chapter grow.

Officers and Chairs

Chapter President, Secretary, Treasurer, Membership Committee and Construction Profession and Education Handbooks are now available online at www.nawic.org.

Your sample of chapter marketing tools is on its way to you. Order forms from the NAWIC website.



Regional Committee Chairs

Membership	Rynni Henderson	rynni.henderson@djcoregon.com
PR/Marketing	Erica Sharp	SharpE@mti-id.com
Safety & Health	Cathy Brady	cathy@americanrockproducts.com
Construction Profession & Education	Valmarie Price	vprice@caseyind.com
WIC Week	Vickie Tewalt	vt0702@gmail.com
NEF Liaison	Evie Clark	epcnawic@acsalaska.net
NEF Fundraiser	Lori Barrick	lorib@westway.cc
CAD Drafting	Erin Holmes	EHolmes@cochraninc.com
Block Kids	Sarah Webb	sarah.webb@veca.com
Mentorship	Carol Helms	CHelms@legendhomes.com

National Officers



President

Judy DeWeese, CBT, CIT
JuDeNAWIC@aol.com



President Elect

Cindy Johnsen, CBT, CDS, CIT
cindy.johnsen@gcinc.com



Vice President

Yasmine A. Branden, CCA
Yasmine.Branden@neilkelly.com



Secretary

Dove Sifers-Putman
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Treasurer

Sandy K. Field, CBT, CIT
sandykfield@comcast.net



Immediate Past President

Debra M. Gregoire, CIT
dgregoire@brewer-garrett.com

Member Services

Travel—Rental Car Discounts

	Phone	Contract ID
Alamo Rent-A-Car*	800-354-2322	706786
Avis Car Rental	800-352-7900	W379300
Budget Car Rental	800-214-6094	Z950700
Enterprise Car Rental	513-956-3608	NA38001
Hertz Rental*	800-654-2210	CDP#: 407324
National Car Rental*	800-227-7368	5282865



Business

ConsensusDOCS	800-282-1423	Partner Code:
NAWIC Promotion Code: 100 20% disc.		
UPS Shipping	www.savewithups.com/nawic	Discount Code: COR386 Save up to 26% UPS Express Air
UPS Freight Services	866-443-9303	Deep Discounts on freight services
FedEx	website	Discount Code: F8W2QJ
NAWIC Career Center*	800-552-3506	Career and job seeking tool
NAWIC Technology Center*	website	Construction Software Resource
OfficeMax*	800-265-1389 ext 4935	Discounted office supplies

*link available on national website: www.nawic.org

National Office

327 S. Adams Street Fort Worth, Texas 76104
Phone: 800-552-3506 Fax: 817-877-0324

Staff Contact Information

DEDE HUGHES, Executive Vice President
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DARLENE HUTZEL, Accountant
 Ext. 21, email: darleneh@nawic.org

LAURI MCCULLOUGH, Membership Coordinator
 Ext. 15, email: laurim@nawic.org

TIM ELMORE, Web Site/IT Manager
 Ext. 22, email: nawic@nawic.org

AUTUMN DAUGHETEE, Communications Director
 Ext. 24, email: autumnd@nawic.org

LYNN MEADOR, Admin. Assist/Store
 Ext. 10, email: lynnm@nawic.org

PAUL BARTON, Assistant Communications Director/Graphic Design
 email: paulb@nawic.org

Important Dates

File IRS Form 990 Compliance Form with NAWIC Office
 Crystal Vision Applications Available
 WIC Week Commitment Form due
 Deadline for Region 9 Newsletter Submission
 Deadline for Region 9 Newsletter Submission
 Deadline for Region 9 Newsletter Submission
 Deadline for Region 9 Newsletter Submission

November 1
 November 1
 November 21
 November 22*
 December 22*
 January 25
 February 25

*adjusted due to holiday

Save the Date

Mark your calendars for these upcoming special NAWIC Dates!

Women In Construction Week March 5 - 9, 2012
 Forum 2012, Bend, Oregon April 12-14, 2012
 Convention 2012, Denver, Colorado August 29-September 1, 2012
 APC 2012, Suquamish, Washington October 20, 2012
 Forum 2012, Spokane, Washington April 25-27, 2013

NAWIC Releases iPhone & Android Apps!

Do you own an Apple or Android Smartphone? If you do, visit Apple's App Store or the Android Market on your phone and search for "NAWIC". Then download the NAWIC app to your phone. Best of all, the NAWIC app is currently free! Currently NAWIC has no plans for a Blackberry or Windows 7 app. If you experience difficulties downloading the app, or have questions, please contact us at nawic@nawic.org

Tune-In to NAWIC Radio!

The National Association of Women in Construction and NCS Radio Network have partnered to bring you NAWIC Radio, a program that focuses on the

construction industry issues you really care about. Each brief segment of NAWIC Radio keeps you abreast of the latest developments in the construction industry around the world. Visit http://www.nawic.org/nawic/NAWIC_Radio.asp to experience



Click to Listen



NOVEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



