



NAWIC NETWORK

NAWIC's core purpose: To enhance the success of women in the construction industry.

Eugene Chapter No. 77

PO Box 1765, Eugene, OR 97440 #541-393-5107

October 2008

2008- 2000 LEADERSHIP:

OFFICERS:

President – Anne Thompson
President Elect – Nancy Ograin
Vice President – Carrie Fortier, CPA
Recording Secretary – Sharon Anderson
Corresponding Secretary – Jenny West
Treasurer – Diana Corbin, CIT
Immediate Past President – Robin Langkamp, CIT

BOARD OF DIRECTORS:

Amanda Ring
Ellie Cooper
Tana Baker
Jan Sandusky

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Important Dates:

- 8th - General Meeting**
Topic: 2008 Catalyst Conference
Location: The Boulevard Grill, Franklin Blvd
Time: No host bar 5:30, Meeting 6:00
- 15th - Casual Luncheon**
Location: Jung's Mongolian Grill, W.11th & Beltline
Time: 12:00 noon
- 29th - Board Meeting**
Location: Hathaways Inc.
Time: 5:30pm

Message from the President

It's October already, I can't believe Thanksgiving and Christmas are right around the corner. We started this year with some challenges but at our board meeting we quickly began to catch up with plans for the new year.

Check out the newsletter for the reports from the Convention attendees. They are very interesting and informative.

We are looking at some fantastic speakers this year. I will have the dates set soon but your board is looking to have OSHA, Public Speaking and You, First Aid Class, ODOT, Accounting requirement presentations and others. It's going to be an exciting hopefully informative year.

Please don't forget to get your membership dues into national. Please welcome a transfer member and new board member Jan Sandusky.

P.S. We have seven members going to Annual Planning in Spokane October 18, way to go Eugene!

IT'S ALL ABOUT THE MEMBERS!

As our membership grows it's important that we celebrate each others lives and accomplishments, please make sure and send me information about something special in your life or in the life of one of our fellow members so we can share that information with the rest of the group ~ Thanks, Carrie

October NAWIC Anniversaries

<u>Year joined:</u>	<u># of Years:</u>	<u>Member:</u>
1985	23	Robin Langkamp
1996	12	Sharon Anderson
2005	3	Tiffany Nash
2005	3	Michelle Riggs



Birthdays

Jenny West	1 st
Robin Langkamp	15 th
Michelle Riggs	15 th
Debi Creager	22 nd
Carrie Fortier	22 nd
Jeanne Staton	23 rd

October Meeting Details

Naomi Shirtcliff was honored at the 2008 Catalyst Conference; she works for Williams Pipeline as an Operations Technician. Naomi will share with the group her non-traditional job (how many women turn wrenches for the gas pipeline?) and about how she was chosen for the Catalyst award, etc.

About Catalyst:

- Non profit agency founded in 1962
- International Operation
- Extensive knowledge available on subjects such as minorities and women in careers
- Offers as a voice for women in career development and advancement
- Studies available online at [catalyst.org](http://www.catalyst.org)

<http://www.catalyst.org/about/mission.shtml>

CHAPTER EVENTS

MONTHLY LUNCHEON SCHEDULE:

Come join us for Chapter 77's monthly casual lunches, which are always held the 3rd Wednesday of the month, the schedule of locations for the remaining lunches for the year are as follows. The purpose of these lunches is for our members to have a chance to get to know one another better in a casual/social setting; we hope to see you there!

October 15 th	Jung's Mongolian Grill	4355 Commerce St	Eugene
November 19 th	BJ's Restaurant	1600 Coburg Rd	Eugene
December 17 th	Louie's Village	947 Franklin Blvd	Eugene
January 21 th	Taste of India (Buffet)	2495 Hilyard St	Eugene
February 18 st	Izzy's Pizza (Buffet)	1930 Mohawk Blvd	Springfield
March 18 th	Empire Buffet	1933 Franklin Blvd	Eugene
April 15 th	Applebee's	3024 Gateway	Springfield
May 20 th	P.F. Changs China Bistro	Oakway Mall	Eugene
June 17 th	Don Juan's	2650 River Road	Eugene
July 15 th	Napoli Bakery & Rest.	686 E.13 th Ave	Eugene
August 19 th	McMinnamins	22 Club Road	Eugene
September 16 th	McGraths Fish House	1036 Valley River Way	Eugene

How well do you know your fellow NAWIC Sisters?

Starting next month I will be starting a new segment "Mystery Member of the Month" this is how it will work:

1. Every member will complete the attached questionnaire and e-mail it to cfortier@jrpa.com
2. Next month one member's answers will be included in the newsletter – name excluded
3. The membership will guess who they think the "Mystery Member" is and will e-mail their guesses to cfortier@jrpa.com
4. At the General meeting the "Mystery Member" will be announced
A drawing will be done for all persons who guessed correctly to win a gift card

Quote of the Month:

To the soul, there is hardly anything more healing than friendship. *Thomas Moore*

CHAPTER EVENTS, continued

Recap of last month's meeting

September Meeting

Our September meeting began with nominations from the floor for positions of President, Corresponding Secretary and Board Members. Anne Thompson was nominated for President, Jenny West for Corresponding Secretary and Amanda Ring & Jan Sandusky for Board Members. Jan is a new member in our chapter.

Robin Langkamp, our outgoing President, spoke about her year as president. Robin's goal was to have 5 new members and she exceeded that goal and gave us 12 new members! Our chapter now has a voice mail phone number and chapter business cards. Robin talked about all the different projects the chapter did in 2007/2008, including Block Kids and Cad/Drafting Competition and then thanked the outgoing officers and committee members for all their hard work during the year.

Jeanne Staton presented the "Installation Ceremony". The Orchid was the theme for the ceremony as it represented the love, beauty and strength that our members show in all they do for our chapter and each other. Each of the new officers were given an orchid pin representing their new office. Jeanne did a wonderful job!

Ann Thompson, our new President, concluded with her 2008/2009 projections and goals for the upcoming year. She is excited about the new year and is looking forward to being your new President.

Submitted by Nancy Ograin

	<i>Incoming Officers</i>	<i>Outgoing Officers</i>
President	Anne Thompson	Robin Langkamp, CIT
President Elect	Nancy Ograin	Lyn Winegar
Vice President	Carrie Fortier, CPA	Nancy Ograin
Recording Secretary	Sharon Anderson	Anne Thompson
Corresponding Secretary	Jenny West	Heidi Oldenburg
Treasurer	Diana Corbin, CIT	Diana Corbin, CIT
Board of Directors	Tana Baker	Carrie Fortier, CPA
	Ellie Cooper	Michelle Riggs
	Amanda Ring	Twylla Tatum
	Jan Sandusky	Jenny West
Past-President	Robin Langkamp, CIT	Ellie Cooper

Thank you everyone for their continued support and hard work!

REGION 9 NEWS

A Note from our Regional Director Jasmine:

By joining NAWIC, each of you has taken a powerful step forward to enhancing your careers. By taking a leadership position – as a Board member or committee member – or as an active chapter member, you have taken control of your success.

Annual Planning Conference (APC) is October 18th in Spokane. Registrations and reminders have been sent by the Spokane Chapter. It is critically important that the chapters have as many members attend as possible. We have entered the era of SOX (Sarbanes Oxley), which is imposing new IRS rules/regulations on our association at every level. No more “we didn’t know...” or “we choose not to do it.” Failure to comply will put your chapter in jeopardy of losing it’s charter and could possibly put NAWIC’s tax status at risk. However, it won’t all be doom and gloom in Spokane. With President Pat McDonald joining us, we are guaranteed to have fun during the weekend!

As we glide into a new NAWIC year, I want to take a moment to thank for granting me the privilege of serving as your Director. It’s been a busy year, yet the rewards far outweigh the work. look forward to the second half of my term knowing that together we’ll make Region 9 even more Divine than ever!!

NAWIC’s Core Purpose:

To enhance the success of women in the construction industry.

NAWIC’s Core Values:

- Believe in ourselves
- Persevere with the strength of our convictions
- Dare to move into new horizons

Convention Reports:

Make sure and read Robin Langkamp, Tana Baker, and Wendy Cole’s convention reports in the newsletter. Amanda Ring’s will be in next months.

...this is one of their obligations for using chapter funds for a NAWIC event.

FROM THE NAWIC NATIONAL OFFICE

New Leadership Academy Presented in 2008

Fort Worth, TX - The National Association of Women in Construction (NAWIC), along with the National Center for Construction Education and Research (NCCER), has announced an intensive three-day Leadership Academy in 2008. It will be held at Clemson University in Clemson, S.C. on Oct.25-28, 2008.

The first NAWIC Leadership Academy held Oct. 28-31, 2007 provided a wealth of knowledge to participants. They are taught by expert instructors who have been in the industry for more than 30 years. The sessions totaled twenty-four hours of lectures, case studies and student participation. Leadership skills were reinforced through case studies, group projects, team-building exercises and evening homework assignments.

Academy participants share their own experiences with other women from across the nation. Topics include: leadership and management styles; negotiating techniques; time management; conflict resolution; problem-solving techniques; and conducting effective meetings.

Bonding experiences will be reinforced with informal networking opportunities, class participation exercises and in evening discussions. The sessions will be conducted in a rustic cabin setting at Clemson University's outdoor laboratory facility on Lake Hartwell.

Tuition for NCCER's NAWIC Leadership Academy is \$1,295. This includes three nights of lodging, all meals, course material, transportation to and from the airport, and nightly activities. Registration forms are now available by clicking on the link [here](#), or call NCCER (888) 622-3720.

All women in construction are invited to participate. Completion of a NAWIC Leadership Academy will merit three continuing education credits, a certificate of completion and wallet card from the NCCER National Registry. Space is limited to the first 30 enrollees per session.

Founded in Fort Worth, TX in 1955, NAWIC serves approximately 5,500 members in nearly 170 chapters in the United States. The Association has international affiliates in South Africa, New Zealand, Great Britain, Canada and Australia.

NAWIC's Core Purpose is "To enhance the success of women in the construction industry."

Contact: Julie Lyssy
juliel@nawic.org

(800) 552-3506

NAWIC CALENDAR

Upcoming Local, Regional and National events:

2008

October 4, 2008: American Diabetes Walk, Alton Baker Park, Eugene, Oregon 10 am (see details in the September newsletter)

October 17-18, 2008: Annual Planning Conference, Spokane, Washington

2009

Jan/Feb, 2009: Oregon Coast Retreat, XXX

April 16-18, 2009: Forum, Seattle, Washington

August 26 - 29, 2009: Annual Meeting and Convention, Phoenix, Arizona

October XX, 2009: Annual Planning Conference, XXX

2010

May14-15, 2010: Forum, Eugene, Oregon

September 1-4, 2010: Annual Meeting and Convention, Louisville, Kentucky

2011

August 31 – Sept. 3, 2011: Annual Meeting and Convention, St. Louis, Mo.

Do you have a NAWIC event that needs to be added to the calendar – please let me know!

INDUSTRY CONNECTIONS IN OUR AREA

AGC - Associated General Contractors of Oregon-Columbia

www.agc-oregon.org

Call 541-826-6610 or contact Jeanne Staton at jeanne@statonco.com

OSN - Oregon Subcontractors Network

www.subcontractor-network.com

Meets the 2nd Tuesday of each month at The Waterfront on MLK Blvd. in Eugene.

Social 6:00 pm, Dinner 6:30, Program 7:30 Cost \$20.00

Call 541-484-5530 or contact Diana Corbin at kc1022@aol.com

CFMA - Construction Financial Management Association

www.cfma.org

For more information contact Sandee Gerber at sandee@twinrp.com

CSI - Construction Specification Institute

www.csiwvc.org

Meets the last Thursday of each month at the Eugene Hilton, top floor, Vista room.

Social 4:30 pm, Dinner 5:30, Program 6:30 Cost \$10.00

Call 541-687-0129 or contact Brenda at bab@mrrichards.com

HBA - Home Builders Association

www.hbalanecounty.org

Meets the last Tuesday of every month at the Valley River Inn.

6:00 pm Cost is \$22.00

Call 541-686-6529 or contact Linda at lindac@hblanecounty.org



SPONSORS



CORRESPONDENCE REPORTS

September 2008

This report will be available at the next general meeting

Click on the link below to take you to the downloadable form

<http://www.nawiceugene.com/Links.asp>

Mystery Member of the Month Questionnaire

1. My Favorite hero is _____
2. My Favorite color is _____
3. A fun fact about me or my family is _____

4. I was born in this City _____
5. If I won the lottery I would _____

6. If I could live anywhere, it would be _____
7. My favorite way to relax is to... _____

8. When I was growing up I wanted to be _____
9. My favorite movie is _____
10. My hobby is _____

2008 Convention Report
Las Vegas, NV

Wednesday evening was the “Vintage Vegas” Welcome Party! We were welcomed at the door by “Liberace” making the rounds were “Dean Martin” & “Elvis” (Dean kept coming back to our table to see Amanda!). The Magician/Comic had Tana in stitches! It was fun to reconnect with members from across the country you only get to see once a year!

Thursday morning we started with the general business session, by the second credentials we had 678 in attendance! The keynote speaker was Harvey Alston, CEO/Best Inc. His “high octane” talk on “Be the Best” signified how you should be the best at whatever you do! Stressing being “HAPPY” as you go through your day.

H = Do your job with all your HEART

A = With a good ATTITUDE

P = Get along with PEOPLE

P = Do your job with PRIDE

Y = Invest in YOU

I also went to his later seminar, “Competent Communication”, where he focused on the skills needed for being a leader. 1) Marketing: Look people in the eye, have a good handshake and sell yourself! 2) Skills: Keep your skills up to date and up on technology. 3) Attire: It makes a difference. 4) Interest: Find out what they (co-workers/employees) want and help them attain it. 5) Vision: Stay focused on the end result. 6) Goals: Set goals – write down a 5 year plan. Let people know about it. Be clear. 7) Work Ethic: Have a good work ethic & be happy you have a job to go to on a Monday!
“A leader is a person who does their job better than anyone else”!

At the awards luncheon, our chapter received a plaque for having the 3rd place Hand Draft winner in the CAD/Draft competition!

Friday started with “Powerful Communication for Contractors” Denise Johnson showed how a few simple adjustments will improve your ability to solve problems, participate in meeting and build relationships with clients & co-workers. How is your message carried... 7% is based on your words, 38% based on you voice (tone, volume, etc) and 55% based on body language and your total “image” (See body language sheet at the end). How you punctuate a sentence can change the meaning! Take the ‘I’ out of statements...Don’t say “I think we need new software”, say “We need new software!”
**I have the handout with many more examples, just let me know and I’ll send it to you.

Then it was on to a presentation on MAGIC Camp. I picked up a new CD with all the current information and new tips.

At the installation luncheon our new president, Pat McDonald and her board were installed.

The 30-second Pitch was the next workshop I attended. It showed you how to ask questions and explain NAWIC in a quick 30 second blurb.

Saturday, bright and early was the meeting with our director to answer any questions from the chapters hosting the next 2 Forums, then a Board Training workshop to pick up

any new tips for our incoming officers. I then attended “Money & Non-Profits”. This is where I learned of all the rules the IRS are starting to crack-down on! We have to take a good look at our chapter procedures for paying expenses, etc. to keep our 501-C 6 status. This was quite enlightening and we will learn more at Annual Planning Conference.

That evening was the Crystal Vision Gala banquet. There was an ice sculpture of the banquet logo on each table! It was very impressive to see everyone in all their glamour! The evening ended with our entertainment of Jan McInnis, she has been a comedy writer among many other professions and gave us her view of the office and workplace from her eyes!!

You may have notices that there were a few snatches of time that aren’t accounted for in this report....but.... “What happens in Vegas, Stays in Vegas”! (I couldn’t let the cat out of the bag!)

Thank you to my employer for allowing me the time off and to the Eugene Chapter for electing me as your delegate and providing me the opportunity to attend this convention on your behalf! Please let me know if you want any of the handouts or notes!

By Robin Langkamp, CIT

Body Language

- Be aware of how you stand and sit - posture and breathing - women shrink, men expand
- Women show more facial expression; men may have to "exaggerate"
- Gestures that fail:
 - Arms rigid at sides
 - Clutching or gripping anything
 - Playing with something
 - Mismatching words and gestures
 - Shrugging and tugging
 - Extraneous movement
- Gestures that work:
 - Resting arms comfortably
 - Open arms and palms
 - Enumerating
 - Tenting
 - Sweeping
 - Minimizing extraneous movement
- Voice:
 - Lower is stronger
 - Intonation - statement, not question
 - Pace - 100-124 wpm
 - Silence, not fillers.
- Handling interruptions:
 - Intonation
 - Enumeration
 - Deflection
 - Modeling

CHANGE ONE THING AT A
TIME, MAKE IT YOUR OWN,
AND PRACTICE!

NAWIC Convention September 3rd through 6th 2008, Las Vegas, Nevada
Wendy Cole, NAWIC Eugene Chapter 77, Region 9

This is the first time that I have attended a NAWIC function at the National level. I was amazed at the complexity, yet organized nature of all of the events and seminars. There were over 600 members in attendance from all over the US.

Wednesday night we attended the Welcome Dinner. I quickly learned that NAWIC is an incredibly diverse group, much like our region, in that members hold many titles from bookkeeper to business owner, from plumber to project coordinator. I had the pleasure of meeting and networking with as many new faces as I could as they too were all eager to meet new members. I was also reminded as members were introduced that we have a lot of educational and certification opportunity resources. Some member credentials were four or five different initials after their name. Letters like CIT, CDS and NEF signify that this industry and its complexity are taken very seriously by many members.

Thursday morning was the NAWIC annual meeting. At this event there were some remarkable speakers as well as national business conducted. The first speaker was Congresswoman Shelley Berkley. She is the daughter of immigrants from Greece and The former Soviet Union who fled to the US in the 40's because they were Jewish. She was very inspirational for her tenacity and assertion of her own beliefs but has a very clear understanding of what issues face our government, like immigration and the economy. The next speaker Harvey Alston gave a rousing speech titled "be your best". He highlighted the need to find the best inside of you and take responsibility for yourself. I enjoyed his speech so much that I took his next two seminars that afternoon on Communication and Conflict Resolution.

Competent Communication turned out to be a great seminar on selling yourself. He highlighted that you are the only asset you have and what you do with yourself is what will determine your success. He emphasized be the best you can be, wear the most professional clothing for you line of work, stay on top of technology, learn what other people want from you or what interests they have and always stay focused on the destination. His next seminar on Conflict Resolution took those skills to the next level. If you maintain a strong code of conduct and work ethic you will have more strength to deal with conflict.

Friday was two seminars and the Installation Luncheon. The morning seminar attempted to explain the difference between the male and female brain and how they function in the workplace. This seminar was very confusing but I did take away some great points. Women do excel at: verbal ability, non-verbal perceptions, social cues i.e. character judgment, they have more empathy. One of our downfalls is that we add too much context sometimes; men do not want "the whole picture".

The installation luncheon was pretty amazing. There were letters sent that were read to the incoming president from many political dignitaries such as the Governor of California, Mr. Bush and The Speaker of the House Nancy Pelosi. I got an incredible sense of the hard work and sacrifices that the women who serve as national officers go through as well as the reward they get for their service to this industry.

The afternoon seminar was about breaking barriers for women in construction. It was a panel of speakers that were leaders in their companies. Two were Senior Construction Project Managers, one a Construction Consultant and attorney and the panel director The Construction Diversity Manager for The City. There was as much diversity in their age and racial profile as well. They have individually been responsible for projects valued as high as \$150M. This seminar was designed for the panel to answer questions about how they were prepared as women in the construction field for the barriers that they faced. To summarize, they were not as focused on their education level as the image they portrayed. They felt that professionalism, communication and fairness were their best tools.

All of my Saturday activities centered on NAWIC and our Chapter needs. The first morning meeting was for Chapters that are hosting an upcoming Forum. Eugene is in two years. They covered everything from themes and how they should reflect the region but be construction oriented, budget and how it should come out even and not as a fundraiser then finally some of the accounting laws that have changed; i.e. that we require a separate checking account and no more re-imbusement purchases.

Saturday afternoon I attended the PR/Marketing session that is geared to help members enhance their membership. Some of the key points were:

- Toot your own horn
- Crash other association events
- Always have a spiel ready about NAWIC
- Keep Chapter web site up to date
- Always have educational opportunities available

The second part of the session focused on membership retention. Their buzz word was CMC... constant meaningful contact. The president should always make sure to have a personal contact with each member throughout the year. Poll members to find out what they want to get out of their membership, rate the meetings, give strengths and weaknesses so you can keep them on track and utilize their strengths.

Saturday night was the formal dinner Crystal Vision Awards Gala. WOW! It was pretty amazing to see 600 women and a handful of men dressed in formal attire. After a long few days of sessions we all had enough energy to get dressed up. There were ice sculptures on the tables, delicious food and wonderful award presentations. The awards were given to people who touched the construction industry in a meaningful way either through education, community involvement, innovation or just hard work. It is an honor to be part of an organization that has everything from new fresh faces to visionaries who have gone above and beyond their potential in this industry.

Thank you Farwest Steel and NAWIC Eugene Chapter for funding my attendance at this event.

Nawic Convention Report – Tana Baker

Seminars

- ❖ Run your club as a business
- ❖ New laws governing Non Profit – All Reimbursement needs to be with receipts, rules from the government are requiring a 1099 for all reimbursement.
- ❖ All checks need two signatures
- ❖ Designated persons for signature requires a full year commitment
- ❖ Recruit members to participate, make them apart of the function, take ownership
- ❖ Board needs to be committed to participate, make arrangements to have back up or reschedule meeting to allow participation
- ❖ Realize not all people at all times can participate, encourage others to get involved
- ❖ Make it fun and enjoyable for everyone
- ❖ Board plan a five year plan for growth
- ❖ Educate and let members know what you want
- ❖ Be clear on expectations
- ❖ We can't afford to do average
- ❖ Do not dwell on stumbling blocks, there is always difficult times, it's what you can learn from them, when you wake up and your feet hit the floor, now that is a good day
- ❖ Put your mind to it, take ownership
- ❖ We need to work as a team to be successful, not a one person show, distribute the work
- ❖ Plan smarter, work harder
- ❖ Strive to be the best!
- ❖ Donate your to help others, advertise free, use your options wisely, all in the timing, Food for Lane County, Scar Jasper Mountain, etc..... Plan a work party
- ❖ Best team doesn't win nearly as often as the team that gets along the best!!!
- ❖ Everyday is a good day, today is the best day of your life, make it that way
- ❖ I have the power to be more positive, listen better, after all that is why God made me with two ears and only one mouth
- ❖ Step back and look at it, don't sweat the small stuff (Gave example of Bill Clinton and Nixon, what they were remembered for)
- ❖ It's good to be smart but, smart to be good, try not to hurt people see the best in everyone
- ❖ Can't get ahead/trying to get even
- ❖ No one is holding down (physically) quit complaining about life
- ❖ If you don't have the best then make the best of everything you have
- ❖ Keep up with Technology, web page, follow thru, go for your dreams and make it happen, don't listen to people who are negative, they are more likely talking about their own situation and dirty laundering yours
- ❖ If you are taking up a lot of space then you are not living on the edge
- ❖ Work together as a team, don't give work and then get jealous, trying to trip them along the way is not working as a team
- ❖ Best team doesn't win nearly as often as the team that gets along the best

Gain Active/New Membership

- ❖ Construction Professional Education Committee Marketing Promoting NAWIC
- ❖ Use National Association of Woman In Construction, it is okay to use NAWIC when talking with members but out of the organization, let people know who we are
- ❖ 30 day calendar “weekly” emails sending information
- ❖ Newspaper
- ❖ Proclamation of National American Woman In Construction Week (WIC Week)
- ❖ If it is to be it is up to me, everyone who is in membership should take ownership
- ❖ How to gain membership, get great speakers, go out of the box, make them interesting and see if you can trade speakers
- ❖ Partner up with other clubs
- ❖ Miss fix it badge/Girlscouts
- ❖ Partner up with Home Depot, Jerry’s & Lowes
- ❖ Demonstrates with Home Depot/TV Coverage/ Newsletters
- ❖ Hold your regular meeting during WIC Week, great reminder of the planned events, use a guest speaker, make it the function for WIC Week
- ❖ Check with commission of woman in our local government/Big Sisters
- ❖ Partner, partner, partner
- ❖ Bill Board for a day
- ❖ Plant the seed now
- ❖ Breakfast at a radio station for time on radio program
- ❖ Write an article in your local paper and out of area papers
- ❖ Call stations (radio)
- ❖ Call local papers
- ❖ Fire Station Bill boards
- ❖ There is canned public announcements available in our national organization
- ❖ Yard sell, donate funds to a great cause, submit requests and use the board to judge them
- ❖ Work day in the community
- ❖ Bosses Appreciation Day, fix breakfast, lunch, ????
- ❖ Partner up with trade schools
- ❖ Use the availability of speakers in other Chapters/Trade speakers



Events Advisory

Oregon OSHA, 350 Winter St. NE, Room 430, Salem, Oregon 97301-3878

For immediate release:
October 2, 2008

Contact information:
Melanie Mesaros, Public Information Officer
503-947-7428
melanie.l.mesaros@state.or.us

DCBS OCCUPATIONAL SAFETY AND HEALTH DIVISION (Oregon OSHA)
SAFETY AND HEALTH WORKSHOP EVENTS PLANNER
For November 2008, Eugene area locations

The following workplace safety and health educational opportunities are being offered by Oregon OSHA in the Eugene area during November 2008. To register for the free workshops, fax your request on company letterhead to (503) 947-7462 or register on the Oregon OSHA Web site, www.orosha.org under "Education." For questions about Oregon OSHA's public education, call (503) 947-7443 or call toll-free within Oregon, (888) 292-5247, Option 2.

Wednesday, November 12

8 a.m. to noon: **Safety and Health Management – The Basics**

Oregon OSHA – Eugene Field Office
Conference Room
1140 Willagillespie
Eugene

Wednesday, November 12

1 p.m. to 5 p.m.: **Ergonomics in the Office**

Oregon OSHA – Eugene Field Office
Conference Room
1140 Willagillespie
Eugene

Thursday, November 13

8 a.m. to noon.: **Safety Committee Basic Training**

Oregon OSHA – Eugene Field Office
Conference Room
1140 Willagillespie
Eugene

Thursday, November 13

1 p.m. to 5 p.m.: **Lockout/Tagout and Machine Safeguarding**

Oregon OSHA – Eugene Field Office
Conference Room
1140 Willagillespie
Eugene

Tuesday, November 18

8 a.m. to noon: **OSHA 300 Recordkeeping**

Oregon OSHA – Eugene Field Office

Conference Room

1140 Willagillespie

Eugene

Tuesday, November 18

1 p.m. to 5 p.m.: **Exposure Control/Bloodborne Pathogens**

Oregon OSHA – Eugene Field Office

Conference Room

1140 Willagillespie

Eugene

Wednesday, November 19

8 a.m. to noon: **Confined Space Safety**

Oregon OSHA – Eugene Field Office

Conference Room

1140 Willagillespie

Eugene

Wednesday, November 19

1 p.m. to 2 p.m.: **Safety Accountability**

Oregon OSHA – Eugene Field Office

Conference Room

1140 Willagillespie

Eugene



Oregon

Theodore R. Kulongoski, Governor

Department of Consumer and Business Services

Oregon Occupational Safety & Health Division (OR-OSHA)

350 Winter Street NE, Room 430

P.O. Box 14480

Salem, OR 97309-0405

Phone: (503) 378-3272

Toll Free: 1-800-922-2689

Fax: (503) 947-7461

www.orosha.org

You are invited to attend the next series of symposium topics offered for the Oregon roofing industry. This critical information is presented in a practical format that can be easily applied to every day operations.

Date: **October 29, 2008**
Time: 8:30 a.m. to noon
Location: **Clackamas Community College, Wilsonville Campus**
29353 Town Center Loop E
Wilsonville, OR 97070

Symposium Topics:

- Welcome – Michael Wood
- Ergonomic Issues for the roofing industry – Nate Sweet
- Safety Training and your Multicultural Workforce / Spanish Language resources – Tomas Schwabe
- Electrical Hazards and how to avoid them – PGE
- Open discussion – Jason Jantzi / Ron Haverkost

Please pre-register, as seats are limited. To register simply return the registration form to:

Oregon OSHA
Public Education Section
PO BOX 14480
Salem OR 97309

Or Fax to **(503) 947-7462**

In order to help businesses improve their culture and reduce injuries and illnesses Oregon OSHA offers free resources that can be easily accessed on the web. Take a moment and go to: www.orosha.org and follow the “EDUCATION,” “CONSULTATION,” or “PUBLICATIONS” links.

Jason Jantzi
Public Education Manager, Oregon OSHA

Roofing Symposium Registration Form

October 29th, 2008

8:30 AM – 12 PM

**Clackamas Community College
Wilsonville Campus**

**29353 Town Center Loop E
Wilsonville, Oregon 97070**

Company _____
Address _____ City _____ State _____ ZIP _____
Phone _____ FAX _____
Email _____

*I would like more information about free on-site
CONSULTATIONS. (A confidential service from OR-OSHA)*

Attendees Names

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

FAX to: **(503) 947-7462**
or mail to: Oregon OSHA
Public Education
PO Box 14480
Salem OR 97309-0405

Questions: (503) 947-7443
or toll free (888) 292-5247, Option 2
www.orosha.org/education